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## ACEL Wellbeing Conference – Unleashing the Power of Confidence: Strengths Based Perspective and Wellbeing

Educational leaders from across Australia and current studies are stating how important student and staff wellbeing is to the health and learning of students, staff and possibly the school community.

The 2017 ACEL Wellbeing Conference is a national conference being held in Darwin on Wednesday 22 February at the Darwin Convention Centre. It provides educational leaders with an opportunity explore the challenges and opportunities faced by leaders involved in the wellbeing of students and staff. The conference explores the importance of the development of the whole child as key to student success (recognising the impact of wellbeing education and support on learning, mental health and physical health), while also recognising student and staff wellbeing as a measure of school and system success. The ACEL Wellbeing Conference will provide educators and educational leaders with effective processes, strategies and frameworks to support student and staff wellbeing.

Australia is leading research into the impact of wellbeing strategies and programs and the effect size these have on student outcomes. Leaders in the fields of positive psychology, strength-based focuses and developing resilience are key to these developments and will be central to the content of this conference. Dr. Robert Biswas Diener – international leader in strength-based learning, Professor Lea Waters – founding Director of the Centre for Positive Psychology at Melbourne University, and Wayne Schwass ex-AFL champion and advocate for supporting those with depression are the keynotes of this conference.

Educators from all states and territories will be attending this conference, reflecting the importance that they place on student and staff wellbeing. Aasha Murthy ACEL CEO comments, “In times where students, teachers and principals are increasingly aware of the impact of wellbeing on learning, the importance of leaders supporting wellbeing through positive psychology and strength-based learning can not be understated. ACEL is proud to host this Conference and expect it to be a regular event on our calendar.”

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